

Getting to Kingston

By Bus:

The following buses stop in the town centre.

Kingston Cromwell Road: 71, 111, 216, 218, 285, 406, 411, 427, 431, 451, 461, 465, 479, 513, 592, 727, K1, K2, K4, K10

Kingston Brook Street: 131

Kingston Fairfield Bus Station: 57, 65, 85, 213, 371, K5, N9

Mobility Buses: 904, 938, 968, 969

By Train:

South West Trains run regular services to Kingston mainline Station from Waterloo and from Shepperton and also form the South of England. Additionally there are tube services at Morden, Richmond and Wimbledon for connecting bus/trains to Kingston. Check for all trains services with:

[Transport for London's 24-Hour Travel information service at: http://www.tfl.gov.uk/tfl/](http://www.tfl.gov.uk/tfl/)

By Car:

Central London via:

A3 - head towards Guilford/Portsmouth, at Robin Hood Roundabout take the A308 towards Kingston, following it up and over Kingston Hill until you reach the town centre one-way system.

A4 - head towards Hammersmith, take the A306 over Hammersmith Bridge towards Barnes/Roehampton, turn right at the A3, and follow the above directions.

Alternatively take the A4 out of London and head for M4. Come off at junction 1 and follow the signs for the A205 over Kew Bridge, bare right onto the A307 following it through the centre of Richmond until you reach Kingston.

South East and South West of England:

A3 - head towards London, come off at the Tolworth underpass, take the A240 towards Kingston, and follow it until you reach the town centre.

M3 - head towards London until you reach Junction 1 (Sunbury), take the A308 through Hampton Court to Kingston, cross Kingston Bridge, and follow the one-way system into the town centre. **M4** - head towards London until you reach Junction 1 (Brentford/Kew), follow the signs for the A205 over Kew Bridge, bare right onto the A307 following it through the centre of Richmond until you reach the town centre

Alternatively, at M4-J1, follow the A4 into London, and at Hammersmith follow the above instructions for Central London.

North of England and The Midlands:

M1- Join M25 then follow directions M25 Counter clockwise and directions as for M4 or M3

M40- Join M25 then follow directions M25 Counter clockwise and directions as for M4 or M3

M25 traveling:

Clockwise - come off at Junction 9 (Leatherhead), take the A243 towards Chessington World of Adventures, follow this all the way until you reach the 'T' junction with the A307 at Surbiton, turn right and follow the river into Kingston town centre.

Alternatively: when you reach the A3. Take the A3 north towards central London and then come off at the next Exit (Tolworth), turn left and follow the A 240 into Kingston.

Counter Clockwise - Come off at Junction 12 (M3) head north towards central London take Junction 1 (Sunbury), then take the A308 through Hampton Court to Kingston, cross Kingston Bridge, and follow the one-way system into the town centre.

Parking: There is free parking outside the clinic for all LOC Clients

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